



 **ONLINE CARE**

LET THE DOCTOR COME TO YOU

Whether you need care right away, an annual checkup, or counseling, you can get fast, convenient online care from Doctor On Demand® by Included Health.

The care you need, when you need it

Get care from board-certified clinicians on your smartphone, tablet or computer.

With Doctor On Demand you can feel better fast, with no travel time. Video visits are quick and convenient and they can save you money.

SERVICES	AVAILABILITY	COST*
Virtual primary care Annual checkups, chronic condition management, preventive care and more. See the same doctor as often as you want.	7 a.m. to 7 p.m. Monday through Friday Evening and weekend appointments available.	Primary care: Medical benefits apply Preventive care (18 and over): \$0
Urgent care Diagnosis and treatment for a wide range of conditions, from colds and flu to infections and minor injuries.	24 hours a day, 365 days a year	\$40 copay
Mental healthcare Care for all behavioral health needs, including online therapy, psychiatry, medicine management, and more.	Next-day appointments 7 a.m. to 10 p.m. local time	Psychology: \$40 copay Psychiatry, first visit: \$40 copay Follow-up visit: \$40 copay

*Depending on your health plan, all or some of the cost may be covered. Pricing shown is for 2027 and is subject to change.

Visit doctorondemand.com/bluecrossmn to sign up and to see a full list of conditions Doctor On Demand treats.

Doctor On Demand® by Included Health is an independent company providing telehealth services.

Blue Cross® and Blue Shield® of Minnesota and Blue Plus® are nonprofit independent licensees of the Blue Cross and Blue Shield Association.

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